

Fitness Suite Schedule

Tuesday 22nd April to Friday 23rd May 2025

No restrictions from Monday 26th May to Thursday 30th May 2025



SYLVESTRIAN
LEISURE CENTRE

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00



Sylvestrian Leisure Centre, College Place, E17 3PY
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www.sylvestrian-leisure.co.uk

Available to use

Peak Membership

Off Peak Membership

