

Fitness Suite Schedule

Monday 24th February to Friday 28th March 2025

No restrictions from Monday 31st March to Thursday 17th April 2025



SYLVESTRIAN
LEISURE CENTRE

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00

Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday



Sylvestrian Leisure Centre, College Place, E17 3PY
enquiries@sylvestrian-leisure.co.uk
www.sylvestrian-leisure.co.uk

Available to use

Peak Membership

Off Peak Membership

