

# Fitness Suite Schedule

4th November 2024 to 12th December 2024

No restrictions Friday 13th December to Sunday 22nd December 2024



SYLVESTRIAN  
LEISURE CENTRE

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00



Sylvestrian Leisure Centre, College Place, E17 3PY  
enquiries@sylvestrian-leisure.co.uk  
www.sylvestrian-leisure.co.uk

Available to use

Peak Membership

Off Peak Membership

