

# Fitness Suite Schedule

15th April 2024 to 24th May 2024

No restrictions 28th May to 2nd June 2024



SYLVESTRIAN  
LEISURE CENTRE

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00

Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday



Sylvestrian Leisure Centre, College Place, E17 3PY

[enquiries@sylvestrian-leisure.co.uk](mailto:enquiries@sylvestrian-leisure.co.uk)

[www.sylvestrian-leisure.co.uk](http://www.sylvestrian-leisure.co.uk)

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