

# Fitness Suite

 - Available to use

## Availability

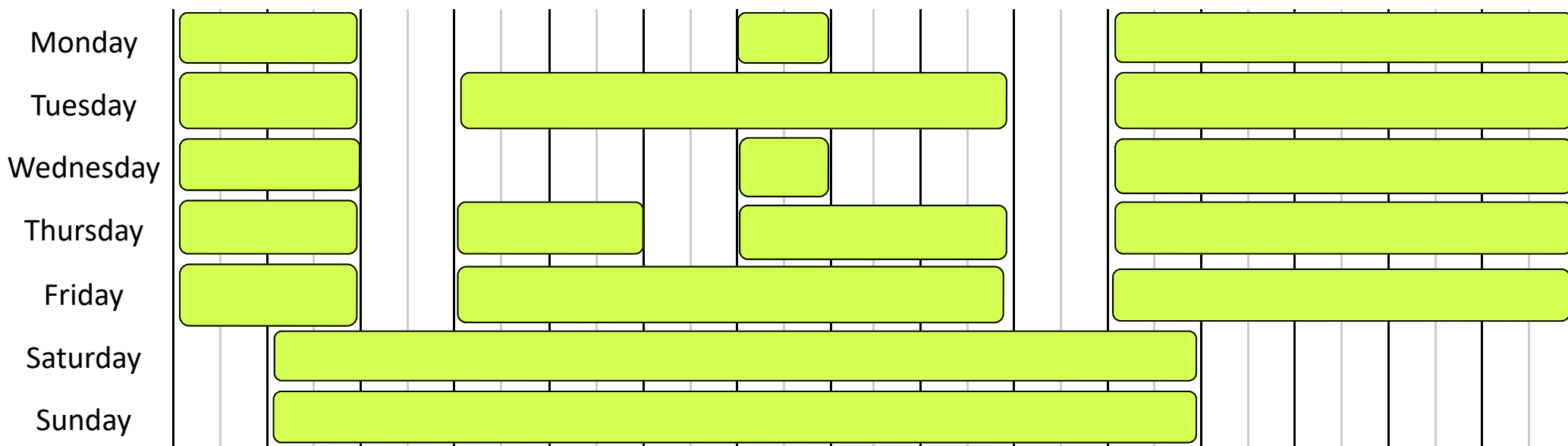
1st November—15th December

No Restrictions 15th –22nd December

Sylvestrian Leisure Centre  
Forest School  
College Place  
Snaresbrook  
London  
E17 3PY

Tel: 020 8509 6526

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00 22:00



£7 entry for Casual Members  
Free entry for Bronze, Silver & Gold Members