



**SYLVESTRIAN**  
LEISURE CENTRE

# SWIMMING CRASH COURSES

**OCTOBER 2019**

**MONDAY 21<sup>ST</sup> – FRIDAY 25<sup>TH</sup>**

Swimming lessons available for  
non-swimmers to improvers  
(Octopus 1 to Angelfish 1)



**£30 (5 Days)**

**8am – 10am**

**Lesson duration - 30 minutes**  
**Swimmers must be age 3 years and over**



**☎ 0208 509 6526**

**enquiries@sylvestrian-leisure.co.uk**

**Sylvestrian Leisure Centre, Forest School, College Place, London, E17 3PY**

**www.sylvestrian-leisure.co.uk**