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Aims

1. To ensure supervision of the pool is kept to the highest standard and to ensure the safety of the bathers.

NORMAL SWIMS

MAIN POOL

The maximum bather load is 106, dependant on amount of Lifeguards on poolside at any one time.

The main pool will need to have a width lane rope under the ropes in the shallow end. This session will then need to be manned by 2 lifeguards. If there are MORE than 40 children on poolside, a third lifeguard is needed. Ratios are broken down as follows:

1 - 39 Children - 2x Lifeguards
40 - 59 Children - 3x Lifeguards
60+ Children - 4x Lifeguards

They will need to be positioned on poolside as follows:

Lifeguard #1: In the high chair to ensure they can see all areas of the pool and the pool bottom.

Lifeguard #2: Either in the deep end or along the far side by the large windows.

Lifeguard #3: Shallow end OR along far side by the large windows.

Holiday Activity staff are crucial elements of the supervision and assistant to the lifeguards and therefore **MUST** stay vigilant at all times. If there are two members of staff on poolside, one should be on the far side under the big windows, the other in the deep end.

Every single child will need to be swim tested at the start of each session. A record is to be kept of children's names, to indicate the following:

- How far they can swim: 50m, 25m, 12.5m, or Less. Jumping in, floating, treading water.

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- The pool they go into
- Whether they are a non-swimmer or weak swimmer

If a child says they are able to swim, they must swim two lengths of the pool (50m). If they do not complete the full two lengths, they must stay inside the shallow end lane rope or be moved into the small pool. Non-swimmers will only be permitted in the teaching pool.

Please see Swim Test Sheet for full criteria and how children will be classified and therefore what pool, part of pool they will be permitted to use.

TEACHING POOL

The maximum bather load is 23. There must always be at least one lifeguard present, and in the chair. Jumping in the teaching pool is not permitted. Any child continuously breaking these rules will be asked to leave the pool and get changed.

Holiday Activities staff will also be watching pool to support the lifeguard. When there are two members of staff on poolside, one must be on the far side by the air vents, one must always be in the water supporting those that are unsteady.

POOL INFLATABLE SESSION

The bather load changes when the pool inflatable is schedule to be in the water. The maximum bather load must not exceed 12 children at any one time. No other part of the pool is to be used when the inflatable session is in progress.

There must be no more than 6 children on the inflatable at any one time.

There must be a minimum of 3 lifeguards on the main pool when the inflatable is in the water. They must be positioned in certain places around the pool, these positions are:

Lifeguard 1: At the front of the pool inflatable, controlling the flow of children. Also to keep an eye on both sides near the front of the inflatable.

Lifeguard 2: Watching the left hand side of the pool by the large windows. The zone this lifeguard is covering is the complete left hand side of the inflatable and the left hand deep end of the pool.

Lifeguard 3: Watching the right hand side of the inflatable standing in line with the small pool. Lifeguards in this position **MUST NOT** lean on the barrier.

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The zone this lifeguard is covering is the complete right hand side of the inflatable and the right hand side of the deep end.

The positioning for Holiday Activities staff is a similar set up to the above. Dependant on how many members of staff on poolside the positioning will be as follows:

Holiday Staff #1: They will need to be situated at the deep end of the pool OR on the far side by the large windows.

Holiday Staff #2: This member of staff will be in the position not occupied by staff member #1 (Deep end or Window side of pool)

Holiday Staff #3: If there is a third member of staff, they must be on the changing room side of the pool assisting the lifeguard.

AT NO POINT DURING THE SESSION SHOULD ANY MEMBER OF STAFF BE TALKING WHEN THEY ARE IN POSITION, UNLESS IT IS A SAFETY, OPERATIONAL OR FIRST AID MATTER!

Swimming is often one of the activity choices on an SLC timetable and as it takes place in a public access area, special considerations must be made. Extreme SLC staff must be aware of the location of the Extreme SLC children at all times to ease identification for staff and lifeguards. At these times the swimming pools will be closed off to other members of the public and to have separate changing rooms.

Within each group there will be at least two members of staff. Both members of staff will supervise the changing area and then once all children are ready, lead them to the poolside but do not allow them to get into the water.

A safety briefing will be conducted by the lifeguard covering all of the customer rules displayed on the notice boards and any misbehaviour will not be tolerated as it could endanger the lives of others.

Where the ability of the swimmers is in question the lifeguard will rope off the shallow end of the main pool, or if children are very young the small pool shall be used. These swimmers **MUST** wear a coloured band that easily identifies them as being weak or non-swimmers and therefore remaining in the shallow end of the main pool or teaching. This will be determined by a Swim Test. This will be recorded on a Swim Test Sheet.

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When the main pool is in use, there must be at least 2 lifeguards watching the pool.

Holiday Activities staff must remain vigilant and position themselves around the pool to ensure additional levels of supervision.

Points to Remember

1. All Non swimmers to go in the teaching pool.
2. No talking on poolside
3. Lane rope must always be put in for the shallow end
4. Weak swimmers within main pool to have wrist bands and possible floatation devices

Audit Points

1. Movements between positions of Lifeguards