



**SYLVESTRIAN**  
LEISURE CENTRE

# SWIMMING CRASH COURSES

**WEEK 3: AUG 2019**

**MONDAY 5<sup>th</sup> – FRIDAY 9<sup>th</sup> Aug**

Swimming lessons available for  
non-swimmers to improvers  
(Octopus 1 to Angelfish 1)



**£30 (5 Days)**

**8am – 10am**

**Lesson duration - 30 minutes**  
**Swimmers must be age 3 years and over**

 0208 509 6526

[enquiries@sylvestrian-leisure.co.uk](mailto:enquiries@sylvestrian-leisure.co.uk)

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[www.sylvestrian-leisure.co.uk](http://www.sylvestrian-leisure.co.uk)

