

# Fitness Suite

Sylvestrian Leisure Centre  
 Forest School  
 College Place  
 Snaresbrook  
 London  
 E17 3PY

Tel: 020 8509 6526

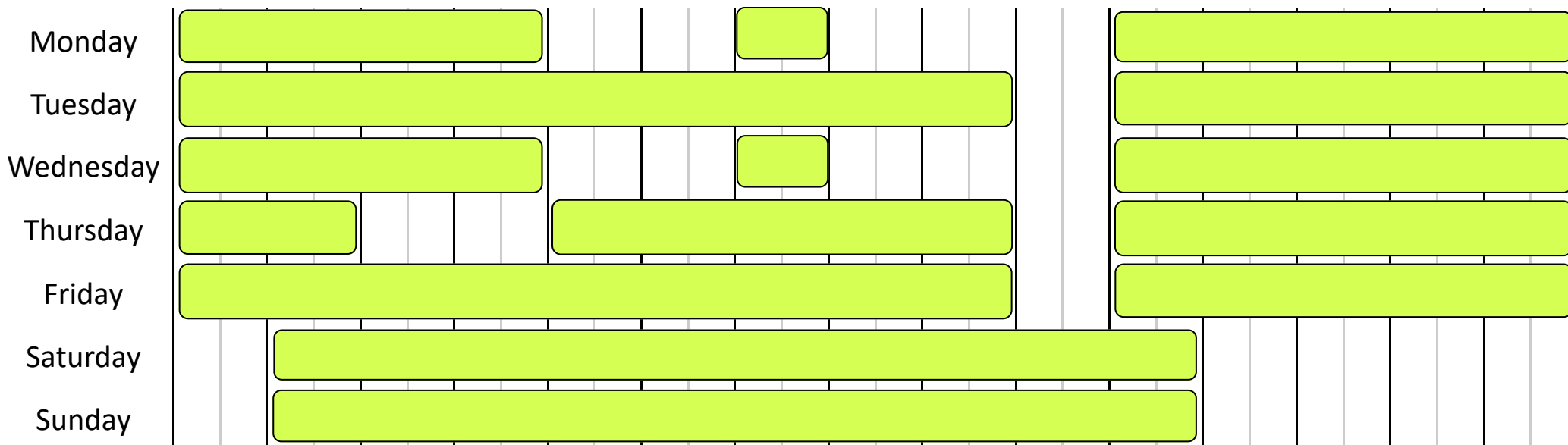
 - Available to use

## Availability

**7th November — 23rd December 2016**

**No Restrictions 19th — 23rd December**

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00 22:00



£7 entry for Casual Members  
 Free entry for Bronze, Silver & Gold Members